Town of Lyons, Colorado

Assessing Needs of an Aging Population
Lyons, Colorado

- Foothills of NW Boulder County
  - Population: 2,033
  - Demographics:
    - 65 years and over 8.3% of population
    - 60 to 64 years 6.8% of population

- Small Town with Few Services

- Boulder County Area Agency on Aging (AAA)
  - Support
  - Services
    - Senior Housing, Emergency Services, Transportation

*2010 Census Data
<table>
<thead>
<tr>
<th>County</th>
<th>2012</th>
<th>2017</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams</td>
<td>62,034</td>
<td>78,927</td>
<td>27.2%</td>
</tr>
<tr>
<td>Arapahoe</td>
<td>97,474</td>
<td>122,842</td>
<td>26.0%</td>
</tr>
<tr>
<td>Boulder</td>
<td>50,580</td>
<td>64,397</td>
<td>27.3%</td>
</tr>
<tr>
<td>Broomfield</td>
<td>9,154</td>
<td>11,812</td>
<td>29.0%</td>
</tr>
<tr>
<td>Clear Creek</td>
<td>2,184</td>
<td>2,662</td>
<td>21.9%</td>
</tr>
<tr>
<td>Denver</td>
<td>97,315</td>
<td>112,716</td>
<td>15.8%</td>
</tr>
<tr>
<td>Douglas</td>
<td>39,665</td>
<td>54,860</td>
<td>38.3%</td>
</tr>
<tr>
<td>Gilpin</td>
<td>1,176</td>
<td>1,511</td>
<td>28.5%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>111,170</td>
<td>136,939</td>
<td>23.2%</td>
</tr>
<tr>
<td>DRCOG Region</td>
<td>470,752</td>
<td>586,666</td>
<td>24.6%</td>
</tr>
</tbody>
</table>
## 75+ Population (2012 – 2017)

<table>
<thead>
<tr>
<th>County</th>
<th>2012</th>
<th>2017</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams</td>
<td>16,988</td>
<td>20,978</td>
<td>23.5%</td>
</tr>
<tr>
<td>Arapahoe</td>
<td>26,730</td>
<td>31,680</td>
<td>18.5%</td>
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<tr>
<td>Boulder</td>
<td>13,403</td>
<td>15,955</td>
<td>19.0%</td>
</tr>
<tr>
<td>Broomfield</td>
<td>2,651</td>
<td>3,191</td>
<td>20.4%</td>
</tr>
<tr>
<td>Clear Creek</td>
<td>382</td>
<td>536</td>
<td>40.3%</td>
</tr>
<tr>
<td>Denver</td>
<td>30,003</td>
<td>31,855</td>
<td>6.2%</td>
</tr>
<tr>
<td>Douglas</td>
<td>7,980</td>
<td>11,485</td>
<td>43.9%</td>
</tr>
<tr>
<td>Gilpin</td>
<td>158</td>
<td>245</td>
<td>55.1%</td>
</tr>
<tr>
<td>Jefferson</td>
<td>31,473</td>
<td>36,931</td>
<td>17.3%</td>
</tr>
<tr>
<td>DRCOG Region</td>
<td>129,768</td>
<td>152,856</td>
<td>17.8%</td>
</tr>
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</table>
Lyons, Colorado

• Healthy Aging a Priority in Lyons
  – 2010 Lyons Comprehensive Plan
    • Guiding Principals & Goals
  – 2011 “Aging Well in Lyons” Summit
    • Initiative to Coordinate Local Resources to Lyons Seniors
      – State, County, & Local Representatives
  – 2012 Baby Boomer Program (DRCOG)
    • Lyons as a Pilot Community; Boomer Bond Assessment Tool
2010 Comprehensive Plan

• Principles
  – “Support the public and private provision of cultural, educational, social and healthcare services.”
  – “Improve and maintain our relationships with neighboring municipal and county governments.”
  – “Sustain Lyons’s key characteristics, as defined by residents’ vision and desires.”
2010 Comprehensive Plan

• Goals
  – Services
    • “Provide adequate, safe and efficient public utilities and services.”
  – Housing
    • “Meet the housing needs of a diverse population.”
  – Transportation
    • “Develop an integrated mobility system that is safe and easily accessible to all travelers.”
  – Recreation
    • “Balanced quality of life through parks, trails, and open space.”
2011 Aging Well in Lyons Summit

• Discussion of Coordination of Local Resources
  – Panel Discussions
  – Round Table Discussions

• State, County, & Local Representatives
  – Congressman Jared Polis
  – Senator Jeanne Nicholson
  – Boulder County AAA
  – Local Officials
  – Concerned Citizens
Boomer Bond Assessment Tool

• Lyons as a Pilot Community
  – Testing DRCOG Assessment Tool
    – Opportunity to assess age-friendliness
    – Further understanding of local issues
    – Prioritization of issues
Boomer Bond Assessment Survey

• **Assessment Survey Process**
  – Six Categories in Survey
    • Mobility & Access, Housing, Community Design, Community Engagement & Education, Safety & Security, Support Systems
      – Survey given to six Town Staff/Board members to complete specific section
        » Individual chosen based on knowledge of local issues
  – Survey Completion
    • Meeting to discuss unanswered questions
    • Many questions indicated Boulder County as a resource
  – Scheduled County/Town Meeting to Retake Survey
Boomer Bond Assessment Survey

• Assessment Survey Process
  – Boulder County AAA/Lyons Meeting

• Completion of Survey in Group Setting
  – Able to answer most if not all questions
  – Facilitation of conversation between Town and County
Boomer Bond Assessment Survey

• Results
  – Survey Identified Issues in Each Category
    • Perspective on existing issues and provided a comprehensive view of current issues
      – e.g. Transportation
        » Longmont & Boulder
  – Renewed Relations with Boulder County AAA
    • Survey instrument acted as a tool to facilitate conversation between Town and County
Lessons Learned

• Importance of Town and County Relations
  – Boulder County AAA
    • Lyons Area Advisory Council on Aging (LAACA)
      – LAACA dissolved sometime in 2008 due to lack of participation
        » A missing conduit between County and Town

• Continued Conversation and Action
  – Town of Lyons Staff & Board of Trustees
    • Local Leadership & Participation is Key
Next Steps

• Planning, Citizen Participation, Action
  – Boomer Bond Program: Phase II
    • Boomer Bond Toolkit
      – Other strategies & tools to move forward
  – Public Forums
    • Citizen Participation: Key Factor
  – Policy Creation & Planning
    • Policies & Procedures
      – Short Term
      – Long Term
  – Boards & Commissions
    • Implementation
Questions?