IMPLICATIONS OF HOUSING INSTABILITY ON EDUCATION

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Housing Instability and Pre-K to 12 Education

Definition

- Behind on Rent
- Crowding
- Frequent Moves
- Homelessness

Impacts

Worse academic and social outcomes:

- weaker vocabulary skills
- problem behaviors
- grade retention
- higher high school drop-out rates
- lower adult educational attainment

Housing Insecurity in Higher Education

The Hope Center for College, Community, and Justice

- #RealCollege Survey
- “Housing insecurity includes a broad set of challenges such as the inability to pay rent or utilities or the need to move frequently”

<table>
<thead>
<tr>
<th>Two-Year</th>
<th>Four-Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>50%</td>
<td>Any item</td>
</tr>
<tr>
<td>23%</td>
<td>Had a rent or mortgage increase that made it difficult to pay</td>
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<tr>
<td>22%</td>
<td>Did not pay full amount of rent or mortgage</td>
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<tr>
<td>22%</td>
<td>Did not pay full amount of utilities</td>
</tr>
<tr>
<td>17%</td>
<td>Had an account default or go into collections</td>
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<tr>
<td>17%</td>
<td>Moved in with people due to financial problems</td>
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<tr>
<td>12%</td>
<td>Lived with others beyond the expected capacity of the housing</td>
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<tr>
<td>7%</td>
<td>Left household because felt unsafe</td>
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<tr>
<td>3%</td>
<td>Moved three or more times</td>
</tr>
<tr>
<td>2%</td>
<td>Received a summons to appear in housing court</td>
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</tbody>
</table>

Homelessness among survey respondents by sector

- “Homelessness means that a person does not have a fixed, regular, and adequate place to live.”

Intersections of Food Insecurity, Housing Insecurity, and Homelessness Among Survey Respondents by Sector

Housing Insecurity & Homelessness at Boise State University

Housing Insecurity Among Survey Respondents at Boise State University

- Any item: 47%
- Had a rent or mortgage increase that made it difficult to pay: 24%
- Did not pay full amount of utilities: 15%
- Did not pay full amount of rent or mortgage: 16%
- Moved in with people due to financial problems: 20%
- Lived with others beyond the expected capacity of the housing: 11%
- Had an account default or go into collections: 10%
- Left household because felt unsafe: 7%
- Moved three or more times: 7%
- Received a summons to appear in housing court: 1%

Homelessness Among Survey Respondents at Boise State University

- Any item: 18%
- Self-identified homeless: 3%
- Locations stayed overnight:
  - Temporarily with relative, friend, or couch surfing: 14%
  - Temporarily at a hotel or motel without a permanent home to return to: 2%
  - In closed area/space with roof not meant for human habitation: 2%
  - At outdoor location: 2%
  - In transitional housing or independant living: 2%
  - In a camper: 2%
  - At a treatment center (such as detox, hospital, etc.): 1%
  - At a shelter: 1%
  - At a group home such as halfway house or residential program for mental health or substance abuse: 1%

Interactions of Food Insecurity, Housing Insecurity, and Homelessness

- No needs (“Secure”): 42%
- Food Insecure, Housing Insecure or Homeless (“Insecure”): 58%
- Food and Housing Insecure: 27%
- Housing Insecure and Homeless: 15%
- Food Insecure and Homeless: 10%

Source: 2018 #RealCollege survey school report for Boise State University. Prepared by the Hope Center for College, Community, and Justice.
Impacts on Learning Outcomes & Academic Achievement

- Higher levels of stress, depression, and anxiety
- Lower self-reported GPA
- Less likely to feel on track to achieve academic goals and have confidence in academic abilities
- Less likely to be authentically engaged in class
- Increased likelihood of dropping out

Socioeconomic Implications

Home Ownership Rates by Degree Attainment

Source: Malito, A. (2017). The higher your degree, the more likely you are to buy a house. Retrieved from https://www.marketwatch.com/story/the-higher-your-degree-the-more-likely-you-are-to-buy-a-house-2017-08-02

Inheritance of Educational Status

In Their Own Voices