

Town of Lyons, Colorado

Assessing Needs of an Aging Population

Lyons, Colorado

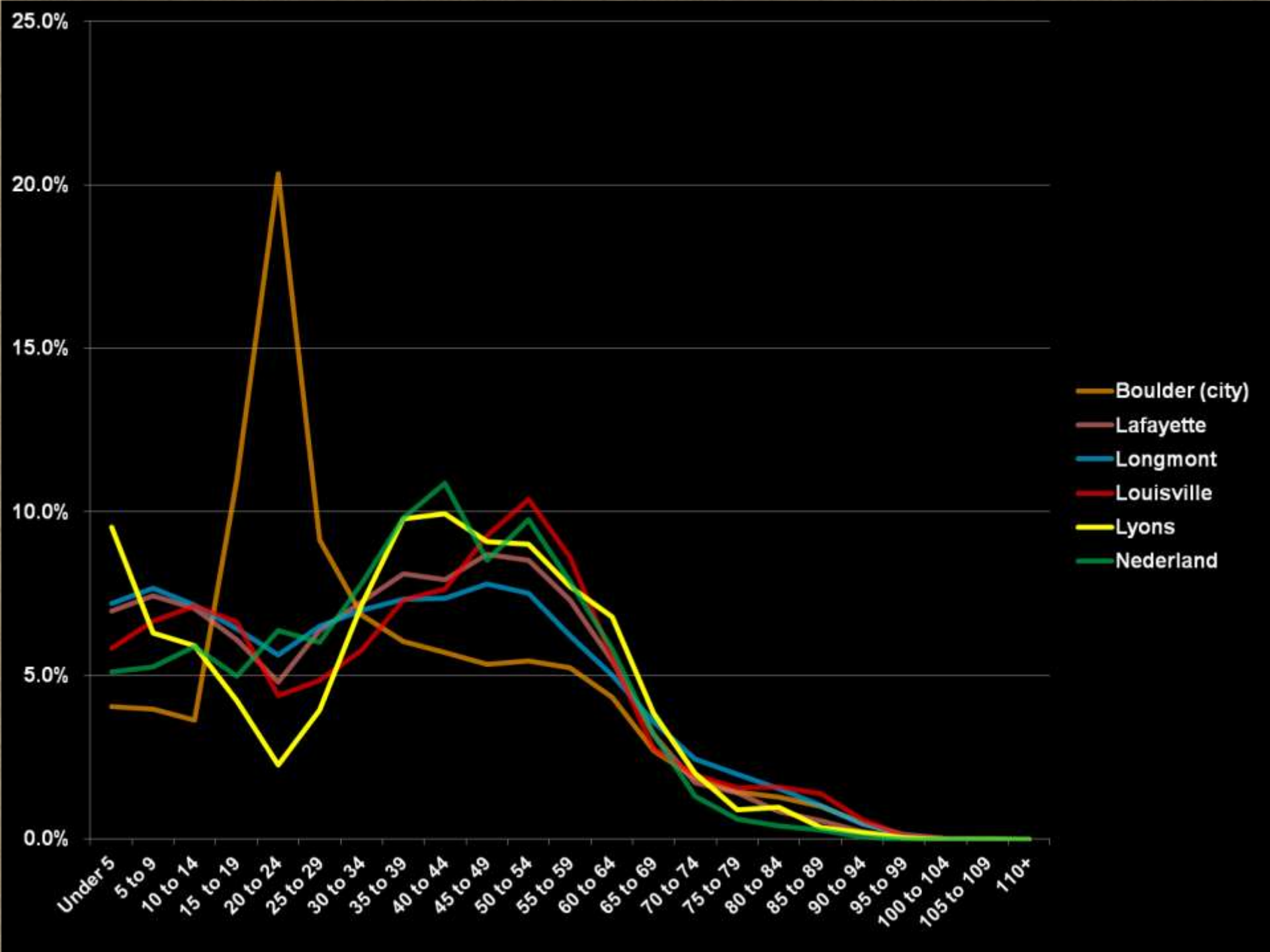
- Foothills of NW Boulder County
 - Population: 2,033
 - Demographics:
 - 65 years and over 8.3% of population
 - 60 to 64 years 6.8% of population
- Small Town with Few Services
- Boulder County Area Agency on Aging (AAA)
 - Support
 - Services
 - Senior Housing, Emergency Services, Transportation

60+ Population (2012 – 2017)

County	2012	2017	% Change
Adams	62,034	78,927	27.2%
Arapahoe	97,474	122,842	26.0%
Boulder	50,580	64,397	27.3%
Broomfield	9,154	11,812	29.0%
Clear Creek	2,184	2,662	21.9%
Denver	97,315	112,716	15.8%
Douglas	39,665	54,860	38.3%
Gilpin	1,176	1,511	28.5%
Jefferson	111,170	136,939	23.2%
DRCOG Region	470,752	586,666	24.6%

75+ Population (2012 – 2017)

County	2012	2017	% Change
Adams	16,988	20,978	23.5%
Arapahoe	26,730	31,680	18.5%
Boulder	13,403	15,955	19.0%
Broomfield	2,651	3,191	20.4%
Clear Creek	382	536	40.3%
Denver	30,003	31,855	6.2%
Douglas	7,980	11,485	43.9%
Gilpin	158	245	55.1%
Jefferson	31,473	36,931	17.3%
DRCOG Region	129,768	152,856	17.8%



Lyons, Colorado

- **Healthy Aging a Priority in Lyons**
 - 2010 Lyons Comprehensive Plan
 - Guiding Principals & Goals
 - 2011 “Aging Well in Lyons” Summit
 - Initiative to Coordinate Local Resources to Lyons Seniors
 - State, County, & Local Representatives
 - 2012 Baby Boomer Program (DRCOG)
 - Lyons as a Pilot Community; Boomer Bond Assessment Tool

2010 Comprehensive Plan

- Principles

- “Support the public and private provision of cultural, educational, social and healthcare services.”
- “Improve and maintain our relationships with neighboring municipal and county governments.”
- “Sustain Lyons’s key characteristics, as defined by residents’ vision and desires.”

2010 Comprehensive Plan

- Goals
 - Services
 - “Provide adequate, safe and efficient public utilities and services.”
 - Housing
 - “Meet the housing needs of a diverse population.”
 - Transportation
 - “Develop an integrated mobility system that is safe and easily accessible to all travelers.”
 - Recreation
 - “Balanced quality of life through parks, trails, and open space.”

2011 Aging Well in Lyons Summit

- Discussion of Coordination of Local Resources
 - Panel Discussions
 - Round Table Discussions
- State, County, & Local Representatives
 - Congressman Jared Polis
 - Senator Jeanne Nicholson
 - Boulder County AAA
 - Local Officials
 - Concerned Citizens

Boomer Bond Assessment Tool

- Lyons as a Pilot Community
 - Testing DRCOG Assessment Tool
 - Opportunity to assess age-friendliness
 - Further understanding of local issues
 - Prioritization of issues

Boomer Bond Assessment Survey

- Assessment Survey Process
 - Six Categories in Survey
 - Mobility & Access, Housing, Community Design, Community Engagement & Education, Safety & Security, Support Systems
 - Survey given to six Town Staff/Board members to complete specific section
 - » Individual chosen based on knowledge of local issues
 - Survey Completion
 - Meeting to discuss unanswered questions
 - Many questions indicated Boulder County as a resource
 - Scheduled County/Town Meeting to Retake Survey

Boomer Bond Assessment Survey

- Assessment Survey Process
 - Boulder County AAA/Lyons Meeting
 - Completion of Survey in Group Setting
 - Able to answer most if not all questions
 - Facilitation of conversation between Town and County

Boomer Bond Assessment Survey

- Results

- Survey Identified Issues in Each Category

- Perspective on existing issues and provided a comprehensive view of current issues

- e.g. Transportation

- » Longmont & Boulder

- Renewed Relations with Boulder County AAA

- Survey instrument acted as a tool to facilitate conversation between Town and County

Lessons Learned

- Importance of Town and County Relations
 - Boulder County AAA
 - Lyons Area Advisory Council on Aging (**LAACA**)
 - LAACA dissolved sometime in 2008 due to lack of participation
 - » A missing conduit between County and Town
- Continued Conversation and Action
 - Town of Lyons Staff & Board of Trustees
 - Local Leadership & Participation is Key

Next Steps

- Planning, Citizen Participation, Action
 - Boomer Bond Program: Phase II
 - Boomer Bond Toolkit
 - Other strategies & tools to move forward
 - Public Forums
 - Citizen Participation: Key Factor
 - Policy Creation & Planning
 - Policies & Procedures
 - Short Term
 - Long Term
 - Boards & Commissions
 - Implementation

Questions?