

LiveWell Colorado Healthy Eating Active Living (HEAL) Library

LiveWell Colorado supports policy efforts and initiatives that prevent and reduce obesity in Colorado by promoting healthy eating and active living in the places we live, work, learn and play.

Library Overview

The LiveWell Colorado Healthy Eating Active Living (HEAL) Library is a searchable, online collection of codes, ordinances, resolutions, policies and other tools to help communities create environments that support access to healthy eating and active living. The HEAL Library was born out of a frequently heard request across Colorado for relevant model language that communities can use to help them implement changes in their built environment that support access to healthy eating and active living. The HEAL Library provides models for policy and regulatory action at the local or regional level, with an emphasis on identifying examples that are truly innovative and most relevant to Colorado communities.

Easy access to a collection of model language and working examples is just one piece of what is needed to support access to healthy eating and active living through regulatory and policy efforts. The HEAL Library also includes the following tools:

- **Glossary of Terms** to help navigate the technical language
- **Key Resources** to further inform your efforts
- **Overview of Local Decision Making** to illustrate some simple examples of where and how decisions get made at the local level
- **Overview of Opportunities for Public Involvement** to provide some examples of how citizens can be engaged in this work

The HEAL Library is an innovative tool that is intended to provide communities with best practices and resources to incorporate healthy eating and active living into their policies and infrastructure. LiveWell Colorado looks forward to working with individuals, communities and organizations to continue to expand and grow the Library, so that it continues to be relevant and promotes healthy Colorado communities!

—Maren Stewart, *LiveWell Colorado President and CEO*



Resource Toolbox
HEAL Library

LiveWell Toolbox » HEAL Library

HEAL Library

Welcome to LiveWell Colorado's new Healthy Eating Active Living (HEAL) Library!

The HEAL Library is a searchable, online collection of codes, ordinances, resolutions, policies and other tools to help communities create environments that support access to healthy eating and active living. The HEAL Library provides model language for policy and regulatory action at the local or regional level, with a primary focus on Colorado communities and secondarily on similar states and other leading national examples.

We are pleased to release this exciting tool and encourage you to explore the site, [search the library](#), provide us [feedback](#) and [contribute](#) to this growing database. Currently, the HEAL Library contains 65 examples of codes, ordinances, resolutions and policies; with your help we hope to continue to grow and evolve this Library to put more tools, ideas, and inspiration for local implementation into the hands of Colorado communities in order to spread healthy eating and active living throughout our great state!

- [Search the Library](#)
- [Contribute to the Library](#)
- [Glossary of Terms and Resources](#)
- [About the Library](#)

A Living and Interactive Tool

LiveWell Colorado envisions the HEAL Library to be a living and interactive tool for community leaders, advocates, agency staff and local officials. The HEAL Library aims to be an easily accessible resource where users can search for content on a specific topic relevant to their community. The HEAL Library is structured to be a widely-utilized and regularly updated tool that will streamline efforts to develop meaningful policy and regulatory language to promote healthy eating and active living in all Colorado communities and other communities across the globe that may find it relevant.

We encourage you to contribute additional relevant codes, ordinances, resolutions, policies and other tools to help communities create environments that support access to healthy eating and active living.

If you have relevant examples to provide, please email advocacy@livewellcolorado.org and provide all of the information outlined in the Library Field Definitions.

Using the HEAL Library

The HEAL Library contains two search mechanisms – quick and guided:

- The **quick search** allows you to enter the terms of your choice.
- The **guided search** allows you to search based on one or more predefined fields: General Topic, Year, State and/or Jurisdiction.

The Library is organized around the following **Key Topics**:

- Bicycling
- Walking
- Trails and Parks
- Complete Streets
- School Environments
- Community Food Production
- Food Processing and Distribution
- Healthy Food Retailing



Explore the HEAL Library and LiveWell Colorado's Policy Tools

To access the HEAL Library, please visit www.livewellcolorado.org/HEALlibrary.

To learn more about LiveWell Colorado's policy efforts, please visit www.livewellcolorado.org.



Advocate for Change

LiveWell Colorado is actively engaged in legislation at the local, state and federal levels. Your voice is critical in ensuring public policy efforts support healthy eating and active living. Become an advocate for change by joining LiveWell Colorado's Grassroots Advocacy Power Program (GAPP). To sign up, visit www.livewellcolorado.org and click the GAPP button.

About LiveWell Colorado

LiveWell Colorado is a nonprofit organization committed to preventing and reducing obesity in Colorado by promoting healthy eating and active living. Leading a comprehensive approach, LiveWell Colorado inspires and advance policy, environmental and lifestyle changes that aim to provide every Coloradan with access to healthy foods and opportunities for physical activity in the places they live, work, learn and play. For more information about LiveWell Colorado, visit www.livewellcolorado.org.



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